

Joshua Journal

Jan. 26, 2025

Feeling overwhelmed? Stuck in a cycle of busyness, burnout, or anxiety?
Life can feel chaotic, leaving you wondering if peace is even possible.
Stress pulls us in every direction, leaving no time to breathe, think, or rest.
It's easy to feel like you're falling apart while you're doing your best just to hold it all together.

So...for the next two Sundays,
We're going to dive into a special 2-week series:

Bye-Bye Anxiety: Finding Calm In A Chaotic World

Part 1:
Breaking The Cycles of Busyness & Burnout

Come discover how God's Word offers rest, renewal, and real peace
—even in the middle of our chaos.

Let's breakup with anxiety together...

Get Your Hopes Up!

Guest: Pastor Todd Tolson



Joshua Methodist Church
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www.joshuamethodist.church
817-558-9801

Payton Carter
Senior Pastor
Pastor@joshuamethodist.church



Lynn Collins
Operations Manager
Lynn@joshuamethodist.church

Order of Worship

10:30 Service

Call to Worship

Apostles Creed

Opening Songs

Worship in Songs

Pastoral Prayer

Offering

Offertory Song

Worship in Song

Doxology

Children's Time

Sermon

Guest Preacher

Todd Tolson

Closing Song

Worship in Song

Mission Statement / Benediction

We are committed Christian disciples,
loving God, growing in grace and serving others

Sunday Spotlight

Joshua Methodist Church family *Ministry Fair and Potluck*

All are invited to attend
There will be Door prizes!

Serve

Come join us on **January 26** at our **Ministry Fair and Potluck**,
right after church in the gym.

Come learn about our various ministries and talk
to people who participate in them.

***Bring your favorite appetizer, entrée,
side dish or dessert to share with others.***

**Pumpkin Patch, GriefShare
Helping Hands Food Pantry,
Joshua ISD Weekend Food Program (Backpacks),
WNL (Wednesday Night Live), just to name a few.**

JMC Gym
114 Paula Drive
Joshua, TX 76058

GriefShare

Grief Support Group

Help and encouragement after the death of a loved one

**Sundays 4:00-6:00pm,
January 19 - April 13**

*Questions? please contact
Cheryl Pritchett 817-919-4191*

griefshare.org/findagroup

Ministry News

Helping Hands Food Pantry

Fighting Hunger Together

Thank you for all that you give
we appreciate you!



Pantry Needs

Canned Fruit & Jelly

you can note on
your donation
"Helping Hands"



Day:
January 29

Time:
6:00pm

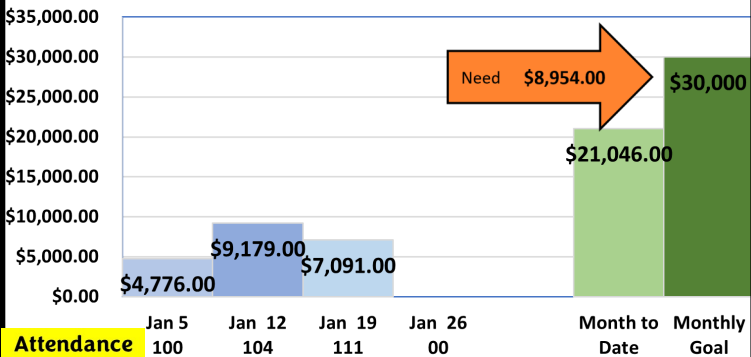
Wednesday Night Live

**Hearty Turkey Noodle Soup &
Baked Potato Salad Bar**



Join us
Wednesday nights
for dinner & fellowship

January Operating Funds



Attendance

Jan 5
100

Jan 12
104

Jan 19
111

Jan 26
00

Month to
Date

Monthly
Goal

Message Board

New Sunday School Class!!

A new Sunday School Class is starting on **February 2, 2025**.

It is open to adults of all ages.

We will be studying various books of the Bible, beginning with the book of Romans.

We will discuss how God's word speaks to us today.



The class will be led by Bonny Jenista and Rodger Snook.

We will meet in the gym (outside the kitchen area) beginning at 9:00AM.

If you have any questions, please contact

Bonny at 682-582-6167.

We look forward to meeting you!

ANNUAL CHURCH CONFERENCE

RIGHT AFTER

Worship Service

02/16/2025

SAVE THE DATE

Joshua Journal

Communication Requests

(Announcements, News & Updates)

Email, Journal, Website

Don't miss out!

Submit all communications by

12:00 pm Wednesdays

If I'm not in my office, kindly place it in the basket located on the wall right outside my office door.

or email:

lynn@joshuamethodist.church

Get it in before the deadline!

Upcoming Events

SAVE THE DATE

FEBRUARY 7 & 8, 2025



DISASTER RESPONSE TRAINING

FRIDAY, FEBRUARY 7 • BETHLEHEM BAPTIST CHURCH MANSFIELD 6-9PM
SATURDAY, FEBRUARY 8 • FIRST METHODIST MANSFIELD 8AM-4PM

[HTTPS://WWW.TEXANSONMISSION.ORG/EVENTS/DISASTER-RELIEF-ORIENTATION-SPECIALTY-TRAINING-WEEKEND-MANSFIELD](https://www.texansonmission.org/events/disaster-relief-orientation-specialty-training-weekend-mansfield)

BABY SHOWER

FOR LITTLE ONE
Hazel Tingle

—>>><<<—

15 FEBRUARY 1-3PM

Joshua Methodist Church
114 Paula Dr Joshua Tx 76058
Chedester Hall

PROUD PARENTS DEVIN & SAMANTHA TINGLE
ARE REGISTERED ON AMAZON BABY REGISTRY

One Year Reading Plan

January

<input type="checkbox"/> Day 1: Genesis 1-4	<input type="checkbox"/> Day 16: Exodus 1-4
<input type="checkbox"/> Day 2: Genesis 5-8	<input type="checkbox"/> Day 17: Exodus 5-7
<input type="checkbox"/> Day 3: Genesis 9-12	<input type="checkbox"/> Day 18: Exodus 8-10
<input type="checkbox"/> Day 4: Genesis 13-17	<input type="checkbox"/> Day 19: Exodus 11-13
<input type="checkbox"/> Day 5: Genesis 18-20	<input type="checkbox"/> Day 20: Exodus 14-16
<input type="checkbox"/> Day 6: Genesis 21-23	<input type="checkbox"/> Day 21: Exodus 17-20
<input type="checkbox"/> Day 7: Genesis 24-25	<input type="checkbox"/> Day 22: Exodus 21-23
<input type="checkbox"/> Day 8: Genesis 26-28	<input type="checkbox"/> Day 23: Exodus 24-27
<input type="checkbox"/> Day 9: Genesis 29-31	<input type="checkbox"/> Day 24: Exodus 28-30
<input type="checkbox"/> Day 10: Genesis 32-35	<input type="checkbox"/> Day 25: Exodus 31-34
<input type="checkbox"/> Day 11: Genesis 36-38	<input type="checkbox"/> Day 26: Exodus 35-37
<input type="checkbox"/> Day 12: Genesis 39-41	<input type="checkbox"/> Day 27: Exodus 38-40
<input type="checkbox"/> Day 13: Genesis 42-43	<input type="checkbox"/> Day 28: Leviticus 1-4
<input type="checkbox"/> Day 14: Genesis 44-46	<input type="checkbox"/> Day 29: Leviticus 5-7
<input type="checkbox"/> Day 15: Genesis 47-50	<input type="checkbox"/> Day 30: Leviticus 8-10
	<input type="checkbox"/> Day 31: Leviticus 11-13

Joshua Methodist Church



love



grow



serve

Anxiety - Word Search

L	V	S	H	Q	H	S	S	R	E	H	R	J	E	I	C	L	W
S	Q	H	E	L	P	O	E	J	U	S	T	S	E	S	Y	R	V
D	M	T	R	E	L	L	S	C	K	E	T	I	T	A	F	A	U
A	H	U	S	U	E	T	W	Z	I	K	P	R	A	Y	E	R	L
R	C	A	T	A	E	C	J	D	T	O	O	F	E	F	Q	S	F
J	C	I	S	T	H	O	N	W	U	F	J	U	T	N	A	P	I
R	O	E	P	N	Q	U	E	A	M	D	G	E	I	B	G	H	S
N	H	M	H	E	I	R	Q	O	R	Z	Y	N	R	E	B	T	W
A	L	L	F	M	L	A	C	E	R	U	T	P	I	R	C	S	H
P	T	S	Q	T	H	G	L	B	P	J	S	L	P	L	Y	P	L
F	U	O	L	N	L	E	O	D	O	F	S	S	S	X	A	N	A
H	E	L	X	E	E	P	V	Y	G	U	I	D	A	N	C	E	P
M	R	A	L	T	T	S	E	R	E	N	I	T	Y	L	K	S	H
S	D	C	H	N	F	S	B	R	I	C	I	J	S	T	F	S	W
G	W	E	S	O	N	D	T	O	Y	J	T	T	E	U	D	E	N
L	M	N	X	C	P	V	R	W	T	P	S	K	S	L	R	M	F
R	C	U	Y	S	S	E	N	L	U	F	H	T	I	A	F	T	D
D	W	A	U	L	C	Z	A	C	T	S	P	W	C	M	C	R	G
C	Z	G	R	T	L	V	E	C	Z	H	U	F	H	X	F	C	N
D	R	S	Y	O	S	N	C	U	E	S	C	Z	U	H	V	T	C

ASSURANCE
CALM
CARE
CASTING
COMFORT
CONTENTMENT
COURAGE
FAITH
FAITHFULNESS

GUIDANCE
HEALING
HELP
HOPE
JOY
LOVE
PEACE
PRAYER
REJOICE

RELEASE
REST
SCRIPTURE
SERENITY
SOLACE
SOLUTION
SPIRIT
STRENGTH
TRUST
WORRY

January 2025

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

29	30	31 Office Closed HAPPY NEW YEAR!	01 Office Closed	02 10-12 & 2-4 Helping Hands Pantry	03	04 9-3 Stephen Ministry Training
05	06 10-12 & 2-4 Helping Hands Pantry	07	08 10:00 Bible Study 5:00 Prayer	09 10-12 & 2-4 Helping Hands Pantry 6:00 LAB	10 6:00 Singles	11 9-3 Stephen Ministry Training
12 After Service: JMM	13 10-12 & 2-4 Helping Hands Pantry	14 6:30 Council Meeting	15 10:00 Bible Study 11:30 LAB 5:00 Prayer	16 10-12 & 2-4 Helping Hands Pantry	17	18 9-3 Stephen Ministry Training
19 After Service: JMW 4-6pm GriefShare	20 Martin Luther King Jr. Day Office & Helping Hands Closed	21	22 *NO Bible Study 5:00 Prayer 6:00 WNL	23 10-12 & 2-4 Helping Hands Pantry	24	25 9-3 Stephen Ministry Training
26 After Service: Ministry Fair & Potluck 4-6pm GriefShare	27 10-12 & 2-4 Helping Hands Pantry	28	29 *NO Bible Study 5:00 Prayer 6:00 WNL	30 10-12 & 2-4 Helping Hands Pantry	31	01

Notes :

Sunday Morning Activities:

7:30 am Morning Prayer
9:00 am Sunday School
10:00 am Pre-Service Prayer
10:30 am Worship Service

Payton will be on paternity leave, so
no Bible Study on Wednesday
mornings,

Notes

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Church Council:

- Interim Admin Chair - Jerome O'Loughlin
- Admin Council Secretary - Pat Browder
- At Large - TBD, Palmer Byerley
- Chair - Congregational Care Ministry - Marsha Tucker
- Chair - Finance - Lucy Dowings
- Chair - Staff Parish Relations - Tom Grabeal
- Chair - Radical Hospitality - Marsha Tucker
- Chair - Risk Taking Missions & Service - Melia Mehlhorn
- Chair - Trustees - Roy McKenzie
- Lay Leader - Barbara Crew
- JMM - Don Collins
- JMW - Lucy Dowings

Please fill out the “FLAP” then fold and tear on the perforated line and drop in the offering plate.



The FLAP

Joshua Methodist Church



love



grow



serve

As committed Christian Disciples,
we **love** God
grow in Grace
and **serve** others



The FLAP ^{1/26/2025}

We're so glad that you are here!
Please take a few minutes to fill out
this card and put in the offering plate.

NAME

PHONE

EMAIL

ADDRESS

Please select one

- Partner
- First-time Visitor
- Second-time Visitor
- Regular Attender

I would like to learn about (Check all that apply)

- Becoming a Partner
- Baptism
- Small Groups
- Serving Opportunities
- Joshua Methodist Ministries

I am in need of Prayer

Please fill out the “FLAP” then fold and tear on the perforated line and drop in the offering plate.



Or you can scan this **QR** code and fill out the form online.

