



Discipline and Guidance Policy

- **Discipline must be:**
 - 1) Individualized and consistent for each child;
 - 2) Appropriate to the child's level of understanding; and
 - 3) Directed toward teaching the child acceptable behavior and self-control.
- **A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control and self-direction, which include at least the following:**
 - 1) Using praise and encouragement of good behavior instead of focusing only on unacceptable behavior;
 - 2) Reminding a child of behavior expectations daily by using clear, positive statements;
 - 3) Redirecting behavior using positive statements; and
 - 4) Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.
- **There must be no harsh, cruel or unusual treatment of any child. The following types of discipline and guidance are prohibited:**
 - 1) Corporal punishment or threats of corporal punishment;
 - 2) Punishment associated with food, naps, or toilet training;
 - 3) Grabbing or pulling a child;
 - 4) Putting anything in or on a child's mouth;
 - 5) Humiliating, ridiculing, rejecting, or yelling at a child;
 - 6) Subjecting a child to harsh, abusive, or profane language;
 - 7) Placing a child in a restrictive device for time out;
 - 8) Withholding active play or keeping a child inside as a consequence for behavior, unless the child is exhibiting behavior during active play that requires a brief supervised separation or time out that is consistent with 746.2803(4)(D); and
 - 9) Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Texas Administrative Code, Title 26, Chapters 746, 747, Subchapters L, Discipline and Guidance

My signature verifies I have read and received a copy of this discipline and guidance policy.

➤

Signature

Date

Check one please:

Parent

Employee/Caregiver

Household member of child-care home, Chapter 747 only